

## My Employment, Educational, and Career Barriers

Below is a list of barriers that may get in the way of you achieving your educational and career goals. Please answer each question by circling the letter (A, B, C or D) that best describes the barriers that you experience now and expect to experience in the future.

Type of Barrier	How big of a barrier is this for you <b>NOW</b> ?				How likely is it that this will be a barrier for you in the <b>FUTURE</b> ?			
	Not A Barrier			Huge Barrier	Not At All Likely			Definitely
Family doesn't support my plans	A	B	C	D	A	B	C	D
Having to work while getting job training or attending school	A	B	C	D	A	B	C	D
Takes a long time to finish training/school	A	B	C	D	A	B	C	D
Friends and others don't support my plans	A	B	C	D	A	B	C	D
Balancing family and work/school	A	B	C	D	A	B	C	D
Lack of motivation	A	B	C	D	A	B	C	D
Discrimination based on my nationality	A	B	C	D	A	B	C	D
Discrimination based on my gender	A	B	C	D	A	B	C	D
Discrimination based on my race/ethnicity	A	B	C	D	A	B	C	D
Discrimination based on sexual orientation	A	B	C	D	A	B	C	D
Discrimination based on my abilities and disabilities	A	B	C	D	A	B	C	D
Lack of job skills	A	B	C	D	A	B	C	D
Lack of study skills	A	B	C	D	A	B	C	D

<b>Type of Barrier</b>	<b>How big of a barrier is this for you NOW?</b>				<b>How likely is it that this will be a barrier for you in the FUTURE?</b>			
	Not A Barrier			Huge Barrier	Not At All Likely			Definitely
Not knowing what kind of job, training, or education I want	A	B	C	D	A	B	C	D
Lack of role models	A	B	C	D	A	B	C	D
Not being able to get into the class/training program I want	A	B	C	D	A	B	C	D
Job/educational program is stressful	A	B	C	D	A	B	C	D
Job training/school is too expensive	A	B	C	D	A	B	C	D
Employer discriminates against me because of my domestic violence experiences	A	B	C	D	A	B	C	D
Training/job I want is not available in the area where I live	A	B	C	D	A	B	C	D
Too much of my time spent with social service agencies (e.g., welfare office)	A	B	C	D	A	B	C	D
Too much of my time spent with legal proceedings (e.g., restraining orders)	A	B	C	D	A	B	C	D
Lack of experience making my own decisions	A	B	C	D	A	B	C	D
Taking care of others and not myself	A	B	C	D	A	B	C	D
Lack of transportation	A	B	C	D	A	B	C	D

Type of Barrier	How big of a barrier is this for you <b>NOW</b> ?				How likely is it that this will be a barrier for you in the <b>FUTURE</b> ?			
	Not A Barrier		Huge Barrier		Not At All Likely		Definitely	
Lack of affordable and/or quality childcare	A	B	C	D	A	B	C	D
Harassment at work/school by partner	A	B	C	D	A	B	C	D
Harassment at work/school by a co-worker, teacher, classmate, etc.	A	B	C	D	A	B	C	D
Illness or injury due to abuse from partner	A	B	C	D	A	B	C	D
Physical health concerns (e.g., pain)	A	B	C	D	A	B	C	D
Learning difficulties or concerns (e.g., dyslexia)	A	B	C	D	A	B	C	D
Mental health concerns (e.g. anxiety)	A	B	C	D	A	B	C	D
Lack of experience dealing with money	A	B	C	D	A	B	C	D
Being arrested or having contact with the law for something I did	A	B	C	D	A	B	C	D
Being arrested or having contact with the law for something my spouse/partner did	A	B	C	D	A	B	C	D
Being isolated	A	B	C	D	A	B	C	D
Lack of confidence	A	B	C	D	A	B	C	D
Being addicted to drugs or other substances	A	B	C	D	A	B	C	D